

Report to the *Health and Wellbeing and Partnerships* Scrutiny Committee

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Evaluation of impact and effectiveness of Educational Programmes



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Introduction

Promoting quality lifelong learning opportunities strengthens the links between education and health and supports education as the foundation of health and wellbeing.

Background

Jubilee2 offers educational courses in climbing and aquatics. These both contribute to the educational achievement of participants and provide vocational training to sustain a skilled workforce in the sector.

The Brampton Museum offers learning opportunities supporting the curriculum both outside the classroom and in schools.

Questions to be Addressed

Is the Council doing enough to increase the supply of qualified teachers/instructors and lifeguards so that local people have the relevant vocational skills to undertake these roles?

Is the Council providing sufficient access to the local history collection at the Brampton Museum for educational purposes?

Outcomes

To ensure Members are sufficiently briefed for undertaking advocacy to sustain a political commitment to education programmes and workforce development that support health and wellbeing in the local community.

Supporting Information

The following programmes are offered at Jubilee2:

The National Indoor Climbing Award Scheme NICAS

(NICAS) provides a safe introduction to climbing for young people aged 7 years and up on the indoor climbing walls at Jubilee2. We retain a Technical Advisor or and employ a member of staff as Competent Person for Jubilee2 and have introduced around 400 young people to climbing through this scheme. With logbooks to work through and certificates for achievement, the schemes give candidates the best start in the sport. The nationally-recognised scheme offers standardised teaching and coaching of young people in an engaging manner, meaning the climber, parent and coach, can easily monitor and record skill development and progression through the sport.

The NICAS scheme is recognised by a range of national bodies.

- The British Mountaineering Council, support and promote the scheme.
- Mountain Training, England
- The Mountain Training Association (MTA) as well as The Association of Mountaineering Instructors (AMI) recognises certain NICAS inductions and workshops as CPD for qualified professionals in the industry.
- Sport England recognises NICAS them and the BMC as they state they value the schemes' impact on the national Sport Strategy.
- The Youth Sport Trust recognises NICAS as a resource for teachers to promote climbing as a way to develop physical literacy in young people.
- All three English GCSE and A-level exam boards (AQA, Edexcel and OCR) recognise NICAS as a means to teach climbing.
- The Union Internationale des Associations d'Alpinisme (UIAA) Youth Commission have recognised NICAS internationally as a recognised method and framework of developing climbers.
- The Association of British Climbing Walls established the ABC Training Trust, the parent company of NICAS, to deliver the schemes, and therefore recognise the importance of having an independent charity to drive participation in climbing walls by turning a taste of climbing into a habit.

Lifeguard Training

Jubilee2 is a Royal Life Saving Society (RLSS) Approved Training Centre (ATC) for providing the Institute of Qualified Lifeguards (IQL) UK qualifications, courses and assessments in First Aid, Automated External Defibrillator (AED) and National Pool Lifeguard Qualification (NPLQ). A number of our aquatics officers are approved RLSS UK Trainer Assessors for instructing the above courses

As training providers these officers receive support from the RLSS in continual improvement and the pursuit of excellence when training or assessing. Being part of the ATC scheme offers the following benefits:

- Support from the dedicated team of RLSS Head Office Support Staff
- Receive free online Ongoing Training & Competency Assessment software that supports Jubilee2's regular lifeguard staff training
- Face to face support from an External Quality Assurance Manager
- Advertising of courses run at Jubilee2 on the RLSS UK online course finder's page.

Up to Three National Pool Lifeguard Courses are run per year. The course covers all elements of Pool Rescue Techniques, Lifeguarding Theory, First Aid and CPR. The course is physically demanding and will include swimming to set times, lifting casualties and diving to the deepest part of the swimming pool. The number of people attending each course is limited to a maximum of twelve individuals.

Swim England Accredited Teaching Centre

Swim England is the national governing body for swimming and Jubilee2 is one of around 320 training centres across the country for swim teaching that offers the best learning experience, and high and consistent standards of training and assessment to agreed quality standards for delivering Swim England qualifications. All qualifications are endorsed by the Chartered Institute for the management sport and physical activity (CIMSPA).

As an accredited training centre there the opportunity for residents to attend a Level 1 Assistant Teacher and Level 2 Swimming Teacher course. Both courses allow candidates to learn about deliver the latest swimming, teaching, motivational and technical expertise, but also reflect industry and employer needs to ensure that the candidates are best placed to move their careers forward. Typically ten individuals attend each course.

Swim England Learn to Swim Programme

The Swim England Learn to Swim Programme is the leading national teaching syllabus for delivering safe, inclusive and effective swimming lessons for all ages.

The structured and progressive content is based on a games-led approach to ensure children enjoy learning. And with a bright new range of badges and certificates, the Programme provides motivation and support for children at every level – from their first splash to gaining their enhanced aquatic skills.

The programme is taught for forty eight weeks of the year with each course lasting for twelve weeks. Typically in excess of 900 individuals participate in the programme.

Swim England Health and Wellbeing Pilot Project

Jubilee2 are currently working with Swim England to become one of their Health and Wellbeing Pilot Projects to test the delivery of their recently developed Swimming Health Model. (see appendix!). The majority of our staff will be undertaking training

on 27th November on 'Understanding People with Long Term Conditions' and the Swim England Initiative.

Brampton Museum Education Service

The museum has a vibrant and extremely popular schools programme that links with the National Curriculum for primary schools at Key Stage 1 and 2. The programme focuses on the museum's collections and gives children access to their own history in a unique and memorable way. Workshops provided cover areas such as Toys from the Past, Seaside Holidays from the Past, Florence Nightingale, Roman Newcastle, Second World War Newcastle and a Victorian Christmas. We also offer some outreach sessions if a school cannot attend. However we do try to encourage schools to visit the museum. (See e-brochure at Appendix 2)

Workshops last for 1.5 hrs and are usually run from 10.15-11.45am and 12.45-2.15pm with an hour for lunch.

Packed lunches are either eaten in the park where children can make use of the space and play equipment to let off steam. Or, in bad weather, packed lunches have to be eaten in the main exhibition space which is not ideal.

We are able to work with 60 pupils in the museum at one time, running two workshops concurrently with 30 pupils per workshop and swapping groups after lunch.

In 2017-18 the museum received visits from 42 schools mainly from the Newcastle-under-Lyme, Stoke on Trent area with some coming as far afield as Crewe. Total number of schoolchildren booked was 2,300, the income from the school visits for 2017-18 was over £9300.

The service is managed by one part time education officer with a casual workshop leader. The budget for the service is £2500 with £1500 earmarked for the casual leader, £500 on materials and £500 on equipment.

Brampton Museum are members of the Cultural Education partnership, Stoke and North Staffs <http://www.stokecep.co.uk/> whose aim is to work together to ensure all children and young people have the entitlement to participate and achieve through arts and culture.

Invited Partners/Stakeholders/Residents

Entrust School Swimming Service offers a centrally coordinated swimming programme for schools including qualified swim teachers, pool hire and transport. . This is pivotal support for schools to deliver outcomes based around the requirements of Y6 cohorts being able to:

1. swim competently, confidently and proficiently over a distance of at least 25 metres
2. use a range of strokes effectively
3. perform safe self-rescue in different water-based situations

School swimming in Staffordshire is now offered over an extended delivery period of 36 term-time weeks, with a greater proportion of lessons of 45 minutes' duration available.

We have no information on how Newcastle schools perform against the criteria 1 -3 above.

Constraints

Whereas climbing is a minority sport swimming is second only to walking as the nation's most popular physical activity with over 22% of adults and 50% of young people taking part on a regular basis according to Sport England's Active People Survey. Swimming requires specialist facilities that are of a standard that meets public expectation. However locally we have seen a pattern of pool closures that reflects the national picture:

"In recent years, England has seen a growth of commercial pools to the point that, in numerical terms, they are now almost equal to the numbers of Local Authority pools. However, the commercial pools tend to be small in size and have shallower water, being aimed primarily at the fitness/aerobic/recreation market. They tend to offer a reduced programme of activities and have restrictive pricing. They are less likely to allow for competition swimming or teaching. The trend for the education sector is to be a diminishing provider of swimming facilities". (Sport England 2013)

The Sport England Facility Planning Model uses a figure of 6m² per bather. The ASA use a figure of 11m² of water per population of 1000 as a benchmark guide to Local Authorities. Using the Sport England assessment the Borough has a shortfall of water space of around 250m².

The Brampton museum is constrained by a lack of dedicated educational space that means that both the number of schools and pupils that can be accommodated are restricted and the safeguarding of pupils has to be prioritised over other visitors.

Conclusions

Members are asked to:

1. Show a firm commitment to providing community education recognising that this supports health and welling.
2. Show a firm commitment to vocational training and workforce development in the leisure sector as a significant and growing part of the local economy.

3. To note the constraints at the Museum and support the potential development of an education room at the museum within the Council's growth ambitions. .

Relevant Portfolio Holder(s)

Councillor Mark Holland, Portfolio Holder for Leisure, Culture, Heritage

Local Ward Member (if applicable)

Not applicable

Background Materials

None

Appendices

1. Swim England response to the Health & Wellbeing Benefits of Swimming report.
2. Brampton Museum e-brochure 2018